

# LES CATEGORIES DE POIDS

## **KARATE CONTACT**

<b>MASCULINES</b>	<b>FEMININES</b>
<b>- 60 kg</b>	<b>- 50 kg</b>
<b>- 65 kg</b>	<b>- 55 kg</b>
<b>- 70 kg</b>	<b>- 60 kg</b>
<b>- 75 kg</b>	<b>- 65 kg</b>
<b>- 80 kg</b>	<b>- 70kg</b>
<b>- 85 kg / 85kg et +</b>	<b>70 kg et +</b>

## **OPEN CONTACT INTER DISCIPLINE**

<b>MASCULINES</b>	<b>FEMININES</b>
<b>- 60 kg</b>	<b>- 50 kg</b>
<b>- 65 kg</b>	<b>- 60 kg</b>
<b>- 70 kg</b>	<b>- 70 kg</b>
<b>- 75 kg</b>	<b>+ 70 kg</b>
<b>- 80 kg</b>	
<b>- 85 kg</b>	
<b>+ 85 kg</b>	

# KICK BOXING

## BOXE AMERICAINE

### FULL CONTACT

## MUAY THAI

<b>CATEGORIE</b>	<b>MASCULINES</b>	<b>FEMININES</b>
<b>mouche</b>	<b>- 51 kg</b>	<b>- 45 kg</b>
<b>coq</b>	<b>- 54 kg</b>	<b>- 48 kg</b>
<b>plume</b>	<b>- 57 kg</b>	<b>- 52 kg</b>
<b>Super plume</b>	<b>- 60 kg</b>	<b>- 56 kg</b>
<b>léger</b>	<b>- 63.5 kg</b>	<b>- 60 kg</b>
<b>Super léger</b>	<b>- 67 kg</b>	-----
<b>mi-moyen</b>	<b>- 71 kg</b>	-----
<b>moyen</b>	<b>- 75 kg</b>	<b>- 65 kg</b>
<b>Super moyen</b>	<b>- 81 kg</b>	-----
<b>mi-lourd</b>	<b>- 86 kg</b>	<b>- 70 kg</b>
<b>lourd</b>	<b>- 91 kg</b>	<b>+ 70 kg</b>
<b>Super lourd</b>	<b>+ 91 kg</b>	